



# **Elementary School Lunch Menu**

## May 2019





Monday Tuesday Wednesday Thursday Friday

Farm to School Spotlight "Cucumbers"



We are proud to feature cucumbers from Southern Valley Growers in Norman Park, Georgia

**THIS INSTITUTION IS** AN EQUAL OPPORTUNITY **PROVIDER** 

**MENU** SUBJECT TO **CHANGE WITHOUT** NOTICE

#### **Lunch Prices**

Elementary - \$2.75 Middle/High - \$2.90 Reduced - \$.40



**Denotes Pork Denotes Vegetarian** 



#### We offer Whole Grain **Products everyday**

- Pizza
- **Pasta**
- Rolls / Buns
- Cereal **Desserts**



SUMMER MEALS KIDS & TEENS under 18. No Enrollment!

**Several Varieties** of Fat Free Milk are offered Daily.

#### **CHOICE OF ENTRÉE**

Stuffed Crust Cheese Pizza Stuffed Crust Pepperoni Pizza

Chicken Nuggets w/ Roll Jammer Pack

#### **CHOICE OF SIDES**

Cross Cut Sweet Potato Fries Roasted Vegetables Garden Salad w/ Assorted Dressings **Diced Pears** 

Grab N' Go Plate:

Taco Salad Bowl

#### **CHOICE OF ENTRÉE**

Southern Style Chicken Sandwich Chili w/ Cheez-Its Crackerss Jammer Pack

#### **CHOICE OF SIDES**

**Baked Potato** Broccoli Florets **Grape Tomatoes &** Cucumber Slices w/ Dip Apple Wedges Chocolate Brownie

#### Grab N' Go Plate:

Vegetarian Chef Salad

### 3 Cinco de Mayo Celebration

#### CHOICE OF ENTRÉE

Walking Taco w/ Salsa & Sour Cream Cheese-Stuffed Breadsticks w/ Marinara Sauce Jammer Pack

#### **CHOICE OF SIDES**

Mexican Rice Whole Kernel Corn Shredded Lettuce/Diced **Tomatoes** Pineapple Tidbits Fresh Pear **Apple-Cinnamon Churro** 

#### Grab N' Go Plate:

Chef Salad Bowl

6 **CHOICE OF ENTRÉE** 

> Hamburger Hot Dog Sliders Jammer Pack

#### **CHOICE OF SIDES**

**Baked Beans** Emoji Potatoes Lettuce/Tomato Coleslaw Sliced Peaches

Grab N' Go Plate:

Vegetarian Chef Salad

**CHOICE OF ENTRÉE** 

7

Chicken Nuggets w/ Roll Turkey Pot Roast w/ Roll Jammer Pack

#### **CHOICE OF SIDES**

**Mashed Potatoes** Peas and Carrots **Tossed Salad** w/ Assorted Dressing Mandarin Oranges **Diced Pears Chocolate Brownie Cookie** 

#### Grab N' Go Plate:

Hummus & Pita Plate

CHOICE OF ENTRÉE

Beef & Cheddar Nachos Cheddar Cheese Nachos w/ Salsa & Sour Cream Taco Max Snax w/ Salsa Jammer Pack

#### **CHOICE OF SIDES**

Mexican Brown Rice Broccoli Florets Shredded Lettuce/ Diced **Tomatoes** Orange Wedges

#### Grab N' Go Plate:

Grilled Chicken Chef Salad

CHOICE OF ENTRÉE

Spaghetti w/ Garlic Breadstick Southern Style Chicken Sandwich Jammer Pack

#### **CHOICE OF SIDES**

Green Beans Steamed Carrots Garden Salad w/ Dressing Banana

#### Grab N' Go Plate:

Vegetarian Chef Salad

10

#### CHOICE OF ENTRÉE

Stuffed Crust Cheese Pizza Stuffed Crust Pepperoni Pizza Shredded Pork Street Taco Jammer Pack

#### **CHOICE OF SIDES**

Whole Kernel Corn Veggie Dipper Cup Coleslaw Fresh Pear

#### Grab N' Go Plate:

Southwest Salad Bowl

Field Day

All students eating cafeteria lunch

will be served a

**SACK LUNCH** 

CHOICE OF ENTRÉE

General Tso Chicken Teriyaki Beef Strips Jammer Pack

**CHOICE OF SIDES** 

Egg Roll Rice California Blend Fruit

Grab N' Go Plate:

Vegetarian Salad

15 CHOICE OF ENTRÉE

> Nachos Crispito w/Roll VJammer Pack

**CHOICE OF SIDES** 

Corn
Broccoli
Shredded Lettuce/Diced
Tomato
Fruit

Grab N' Go Plate:

Steak Salad

CHOICE OF ENTRÉE

Fried Chicken Teriyaki Meatballs Jammer Pack

**CHOICE OF SIDES** 

Pinto Beans Mashed Potatoes Garden Salad Fruit

Grab N' Go Plate:

Vegetarian Salad

CHOICE OF ENTRÉE

V Cheese Pizza Pepperoni Pizza BBQ Sandwich Jammer Pack

**CHOICE OF SIDES** 

Green Beans Steamed Carrots Coleslaw Fruit

Grab N' Go Plate:

Taco Salad

20

#### **CHOICE OF ENTRÉE**

Hamburger Beef-A-Roni w/Roll Jammer Pack

**CHOICE OF SIDES** 

Baked Beans Fries Lettuce/Tomato Fruit

Grab N' Go Plate:

Vegetarian Salad

21

#### **CHOICE OF ENTRÉE**

Chicken Sandwich
Ravioli w/
Breadsticks
Jammer Pack

**CHOICE OF SIDES** 

Peas and Carrots
Collards
Pudding
Fruit

Grab N' Go Plate: Club Salad 22

#### CHOICE OF ENTRÉE

Chicken Nachos
Cheese Quesadilla
Jammer Pack

**CHOICE OF SIDES** 

Steamed Broccoli Rice Lettuce/Tomato Salsa Fruit

Grab N' Go Plate: Steak Salad 23

#### **CHOICE OF ENTRÉE**

Chicken Nuggest/Tenders w/Roll Steak Sandwich Jammer Pack

**CHOICE OF SIDES** 

Pinto Beans Mashed Potatoes Salad Fruit

Grab N' Go Plate:

Vvegetarian Salad

24 LAST DAY OF SCHOOL

Summer Vacation
CHOICE OF ENTRÉE

Galaxy Cheese Pizza
Galaxy Pepperoni Pizza

**CHOICE OF SIDES** 

Corn Carrot Sticks Fruit

Grab N' Go Plate:

Grilled Chicken Salad